

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

Primrose & Goldenrod Neighborhoods

				<p>1</p> <p>9:00 Garden Care (GR & PR) 9:30 Seated Fitness (PR)</p> <p>2:30 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Famous February Birthdays (GR)</p>	<p>2</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>1:30 IN2L Crossword (GR) 3:00 Groundhog Day Trivia (GR)</p> <p><u>Wear Red Day!</u> Groundhog Day</p>	<p>3</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee & Chats & Carolers 10:30 Fitness with Lisa (GR)</p> <p>2:15 Saturday Matinee: Beethoven (GR)</p>
<p>4</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p> <p>1-4:00 Fun with Atticus (GR)</p>	<p>5</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (PR) 9:45 Catholic Mass (FH) 10:00 Woman's Bible Study (3rd Floor Willows Lounge) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 2:30 Classical Music with Rich (FH) 3:00 The Dick Van Dyke Show (GR)</p>	<p>6</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:00 Terry's Time! (PR)</p> <p>12:45 Indoor Walkabout (Meet at Elevator) 2:30 Making Mapledoodles (GR) 3:30 National Geographic: Farm Dreams Ep. 1 (GR)</p>	<p>7</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Eldergrow Gardening (PR) 3:00 Making Marbled Cards (AS)</p>	<p>8</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:45 Lunch at China Beijing (S/U)</p> <p>2:30 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Resident Council (PR)</p>	<p>9</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR) 11:30 Pizza Party (S/U GR)</p> <p>2:15 Dominoes (GR) 3:00 Cupid's Arrow Cocktail Happy Hour (GR)</p>	<p>10</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee & Chats & Carolers 10:30 Fitness with Lisa (GR)</p> <p>2:15 Saturday Matinee: Mulan (GR)</p> <p>Chinese New Year (Year of the Dragon)</p>
<p>11</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p> <p>1-4:00 Fun with Atticus (GR)</p> <p><u>Super Bowl Sunday</u></p>	<p>12</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (PR) 9:30 CP Woman's Group (FH) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 3:00 The Dick Van Dyke Show (GR)</p>	<p>13</p> <p>9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>1:00 Mardi Gras Party with Jazz Guitar (FH) 2:30 National Geographic: Farm Dreams Ep. 2 (GR)</p> <p>Mardi Gras</p>	<p>14</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:15 Active Minds Poetry (PR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Making Kindness Candy (AS) 2:45 Music Therapy with Katie (GR)</p> <p>Valentine's Day</p>	<p>15</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:15 Memories in the Making Art (AS)</p> <p>12:30 Joy Ride (S/U) 3:00 Where in the World? (GR)</p>	<p>16</p> <p>9:00 Garden Care (GR & PR) 9:15 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Indoor Walkabout (Meet at Elevator) 2:15 Dominoes (GR) 3:00 Girl Scout Cookie Cocktail Happy Hour (GR)</p>	<p>17</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Exercise with Octaband (GR)</p> <p>1:30 Music with Bronco Bob (PR) 2:15 Saturday Matinee: Hans Christian Andersen (GR)</p>
<p>18</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p> <p>1-4:00 Fun with Atticus (GR)</p>	<p>19</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (PR) 10:00 Woman's Bible Study (3rd Floor Willows Lounge) 10:00 Nail Care (GR)</p> <p>1:00 Knitting for a Cause (3rd Floor Willows Lounge) 3:00 Birthday Party (FH)</p> <p>Presidents' Day</p>	<p>20</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:00 Crockpot Mulled Wine (PR)</p> <p>12:45 Indoor Walkabout (Meet at Elevator) 1:30 National Geographic: Farm Dreams Ep. 3 (GR) 3:00 Piano Music with Mark P. (GR)</p>	<p>21</p> <p>9:00 Garden Care (GR & PR) 9:15 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Eldergrow Gardening (PR) 3:00 The Lady Bird Diaries (GR)</p>	<p>22</p> <p>9:00 Garden Care (GR & PR) 9:15 Fitness with Lisa (GR) 10:45 Lunch at La Fogata (S/U)</p> <p>2:30 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Margarita Day: Margaritas and Snacks (GR)</p>	<p>23</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Indoor Walkabout (Meet at Elevator) 2:15 Dominoes (GR) 3:00 Queen of Hearts Cocktail Happy Hour (GR)</p>	<p>24</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Music with Lamont (FH)</p> <p>2:15 Saturday Matinee: Look Who's Talking (GR)</p>
<p>25</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p> <p>1-4:00 Fun with Atticus (GR)</p>	<p>26</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (PR) 10:00 CP Woman's Group (FH) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 3:00 The Dick Van Dyke Show (GR)</p>	<p>27</p> <p>9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>12:45 Indoor Walkabout (Meet at Elevator) 1:30 Making Soda Bottle Bird Feeders (AS) 3:30 National Geographic: Farm Dreams Ep. 4 (GR)</p>	<p>28</p> <p>9:00 Garden Care (GR & PR) 9:30 Seated Exercise (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:30 Chocolate Souffle Snack (PR) 2:45 Music Therapy with Katie (GR)</p>	<p>29</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:15 Memories in the Making Art (AS)</p> <p>12:30 Joy Ride South (S/U) 2:30 Matinee: Leap Year (GR)</p>	<p><u>Happy Birthday:</u></p> <p>7th Virginia B. 13th Irene A.</p>	