



Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

<p>Happy Birthday:</p> <p>4th Bonnie R. 5th Betsy G. 20th Grorgia S.</p>	<p style="text-align: right;">1</p> <p>9:30 Fitness with Terry (GR) 9:45 Catholic Mass (FH) 10:00 Woman's Bible Study (3rd Floor Willows Lounge) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 3:00 The Dick Van Dyke Show (GR)</p> <p style="text-align: center; font-size: small;">All Fools' Day</p>	<p style="text-align: right;">2</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:00 Terry's Time! (PR)</p> <p>2:30 Adventurous April Kickoff (FH)</p>	<p style="text-align: right;">3</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise: Hand Weights (PR) 10:30 Puzzle Corner (GR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Eldergrow Gardening (GR) 3:00 Movie: Bend it Like Beckham (GR)</p>	<p style="text-align: right;">4</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 11:00 Lunch at Santiago's (National Burrito Day!)</p> <p>2:30 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Resident Council (PR)</p>	<p style="text-align: right;">5</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Fitness with Lisa (PR) 2:15 Dominoes (GR) 3:00 Salted Caramel Mudslide Happy Hour (GR)</p>	<p style="text-align: right;">6</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee & Chats (GR) 10:30 Exercise with Octaband (GR)</p> <p>12:45 To the Pond! (Meet at Elevator) 2:30 Never on a Sunday Choir (FH)</p>
<p style="text-align: right;">7</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p>	<p style="text-align: right;">8</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 CP Woman's Group (FH) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 3:00 The Dick Van Dyke Show (GR)</p>	<p style="text-align: right;">9</p> <p>9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 1:45 Let's Make a Kite (AS) 3:00 Movie: The Last Unicorn (GR)</p>	<p style="text-align: right;">10</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:15 Active Minds Poetry (PR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Community Spirit Day! 2:45 Music Therapy with Katie (GR)</p>	<p style="text-align: right;">11</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:15 Fun with Watercolors (AS)</p> <p>12:30 Joy Rode (S/U) 2:30 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 National Pet Day: Funny Pet Portraits (GR)</p>	<p style="text-align: right;">12</p> <p>9:00 Garden Care (GR & PR) 9:15 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:15 Dominoes (GR) 3:00 Raspberry Lemon Drop Cocktail Happy Hour (GR)</p>	<p style="text-align: right;">13</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Exercise with Octaband (GR)</p> <p>12:45 To the Pond! (Meet at Elevator) 2:15 Saturday Matinee: Flipper (GR)</p>
<p style="text-align: right;">14</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p>	<p style="text-align: right;">15</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 Woman's Bible Study (3rd Floor Willows Lounge) 10:00 Nail Care (GR)</p> <p>1:00 Knitting for a Cause (3rd Floor Willows Lounge) 3:00 Birthday Party (FH)</p>	<p style="text-align: right;">16</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:15 Fresh Flower Arrangements (AS)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:30 Community Happy Hour Hop</p>	<p style="text-align: right;">17</p> <p>9:00 Garden Care (GR & PR) 9:15 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:45 Eldergrow Gardening (GR) 3:00 National Geographic: The Mission (GR)</p>	<p style="text-align: right;">18</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:45 Lunch at Cheddar's Scratch Kitchen (S/U)</p> <p>2:30 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Springtime in the Rockies Art & Cocktails (Courtyard)</p>	<p style="text-align: right;">19</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Fitness with Lisa (PR) 2:15 Dominoes (GR) 3:00 Mimosarita Happy Hour (GR)</p>	<p style="text-align: right;">20</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Exercise with Octaband (GR)</p> <p>12:45 To the Pond! (Meet at Elevator) 2:15 Saturday Matinee: Help! (GR)</p>
<p style="text-align: right;">21</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p>	<p style="text-align: right;">22</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 CP Woman's Group (FH) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 3:00 Presentation: Language of Flowers (FH) 3:00 The Dick Van Dyke Show (GR)</p> <p style="text-align: center; font-size: small;">Passover Begins Earth Day</p>	<p style="text-align: right;">23</p> <p>9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:30 Historical Figure Social Hour (FH)</p>	<p style="text-align: right;">24</p> <p>9:00 Garden Care (GR & PR) 9:30 Exercise with the Balls (PR) 10:30 SingFit Music (GR)</p> <p>1:00 Chaplain Chats (PR) 1:30 Frozen Hot Chocolate Shake (GR) 2:45 Music Therapy with Katie (GR)</p> <p style="text-align: center; font-size: small;">Administrative Professionals Day</p>	<p style="text-align: right;">25</p> <p>9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:15 Fun with Watercolors (AS)</p> <p>12:30 Joy Rode (S/U) 2:30 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Making Garden Decorations (AS)</p>	<p style="text-align: right;">26</p> <p>9:00 Garden Care (GR & PR) 9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:15 Dominoes (GR) 3:00 Amaretto Sour Happy Hour (GR)</p> <p style="text-align: center; font-size: small;">Arbor Day</p>	<p style="text-align: right;">27</p> <p>9:00 Garden Care (GR & PR) 9:30 Coffee & Chats (GR) 10:30 Music with Lamont (FH)</p> <p>12:45 To the Pond! (Meet at Elevator) 2:15 Saturday Matinee: Adventures in Babysitting (GR)</p>
<p style="text-align: right;">28</p> <p>9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR)</p>	<p style="text-align: right;">29</p> <p>9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 CP Woman's Group (FH) 10:00 Nail Care (GR)</p> <p>1:00 Coloring Corner (GR) 2:30 Presentation: Language of Flowers (FH) 3:00 The Dick Van Dyke Show (GR)</p>	<p style="text-align: right;">30</p> <p>9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:15 Fresh Flower Arrangements (AS)</p> <p>12:45 Outdoor Stroll (Meet at Elevator) 2:30 Live Radio Performance: The Story of Ruth (FH)</p>	<h1 style="font-size: 4em; margin: 0;">April 2024</h1> <h2 style="font-size: 1.5em; margin: 0;">Primrose & Goldenrod Neighborhoods</h2>			