May 2024			CLERMONT PARK ASSISTED Living Cal			ving Calenda
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			<ul> <li>9:00 AM Tech Support (TC)</li> <li>9:00 AM Garden Care</li> <li>9:30 AM Exercise with Hand</li> <li>Weights (PLR)</li> <li>10:30 AM Patio Clean Up</li> <li>11:30 AM Cinco de Mayo -</li> <li>Margaritas at Lunch! (PC)</li> <li>1:00 PM Chaplain Chats</li> <li>(PLR)</li> <li>1:45 PM Eldergrow</li> <li>Gardening (GLR)</li> <li>3:00 PM National</li> <li>Geographic: Made in a Day</li> <li>Ep. 1 &amp; 2 (GLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Chair Yoga (PLR)</li> <li>10:00 AM National Day of</li> <li>Prayer Gathering with</li> <li>Messianic Pastor Reuben</li> <li>(FH)</li> <li>11:00 AM Lunch at Provolino</li> <li>(OUT)</li> <li>2:15 PM Relaxation Hour:</li> <li>Calming Music with Hand</li> <li>Massage (GLR)</li> <li>3:00 PM Resident Council</li> <li>(PLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Strength Training: MoveMor Boards (PLR)</li> <li>10:30 AM Bingo (GLR)</li> <li>12:45 PM Fitness with Lisa (PLR)</li> <li>1:00 PM "Eye Spy" Low</li> <li>Vision Support Group (FH)</li> <li>2:15 PM Dominoes (GLR)</li> <li>3:00 PM Friday Chapel with</li> <li>Special Guest (FH)</li> <li>3:00 PM Happy Hour (GLR)</li> <li>6:30 PM Reel Fans Movie: No Way Out (Rated R) (FH)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Coffee &amp; Chats</li> <li>(GDR)</li> <li>10:30 AM Exercise with the Octaband (GLR)</li> <li>12:45 PM To the Pond!</li> <li>2:15 PM Saturday Matinee</li> <li>Star Wars (GLR)</li> <li>4:45 PM Kentucky Derby o</li> <li>NBC</li> </ul>
5	6	7	8	9	10	11
9:00 AM Garden Care 9:45 AM Sunday Worship with Chap Cindy (FH) 9:45 AM YouTube Seated Exercise (GLR) 10:45 AM Fellowship & Coffee After Sunday Worship (TC)	<ul> <li>9:00 AM Garden Care</li> <li>9:45 AM Catholic Mass</li> <li>(1CR)</li> <li>10:00 AM Crazy Stitch</li> <li>Alterations with Karol (BR)</li> <li>10:00 AM Women's Bible</li> <li>Study (3WL)</li> <li>10:00 AM Nail Care (GLR)</li> <li>12:00 PM Coloring Corner</li> <li>(GLR)</li> <li>3:00 PM The Carol Burnett</li> <li>Show (GLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>10:00 AM Terry's Time (PLR)</li> <li>10:30 AM</li> <li>Vegetable/Herb/Flower</li> <li>Planting Planning Meeting (FH)</li> <li>11:30 AM Denver Public</li> <li>Library Bookmobile (TC)</li> <li>12:45 PM Outdoor Stroll</li> <li>1:30 PM Milky Way Day:</li> <li>Shakes! (GLR)</li> <li>3:00 PM CLC Founders Day</li> <li>Gathering (FH)</li> </ul>	<ul> <li>9:00 AM Tech Support (TC)</li> <li>9:00 AM Garden Care</li> <li>9:30 AM Exercise with the Balls (PLR)</li> <li>10:15 AM Active Minds</li> <li>Poetry (PLR)</li> <li>1:00 PM Chaplain Chats</li> <li>(PLR)</li> <li>1:45 PM History of Coca-</li> <li>Cola and a Float! (PLR)</li> <li>2:45 PM Music with Katie</li> <li>(GLR)</li> <li>2:45 PM Music with Katie</li> <li>(GLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Chair Yoga (PLR)</li> <li>10:15 AM Fun with</li> <li>Watercolors (ASG)</li> <li>10:30 AM Great Courses: The Surprising Lives of Christian</li> <li>Saints (2CR)</li> <li>12:30 PM Joy Ride (OUT)</li> <li>2:15 PM Relaxation Hour:</li> <li>Calming Music with Hand</li> <li>Massage (GLR)</li> <li>3:00 PM Active Minds:</li> <li>Iceland (FH)</li> <li>3:00 PM Exploring Europe</li> <li>(GLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Strength Training: MoveMor Boards (PLR)</li> <li>10:30 AM Bingo (GLR)</li> <li>12:45 PM Outdoor Stroll</li> <li>1:30 PM Superfoods</li> <li>Presentation with Dietician</li> <li>Kendall (FH)</li> <li>2:15 PM Dominoes (GLR)</li> <li>3:00 PM Hymn Sing (FH)</li> <li>3:00 PM Happy Hour (GLR)</li> <li>6:30 PM Reel Fans Movie:</li> <li>Field of Dreams (FH)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Coffee &amp; Chats</li> <li>(GDR)</li> <li>10:30 AM Exercise with the Octaband (GLR)</li> <li>12:45 PM To the Pond!</li> <li>1:30 PM Music with Bronco</li> <li>Bob (PLR)</li> <li>2:15 PM Saturday Matinee:</li> <li>Fly Away Home (GLR)</li> <li>2:30 PM Poetry Discussion</li> <li>&amp; Creative Workshop (FH)</li> </ul>
12	13	14	15	16	17	18
<ul> <li>9:00 AM Garden Care</li> <li>9:45 AM Sunday Worship</li> <li>Chap Jim (FH)</li> <li>9:45 AM YouTube Seated</li> <li>Exercise (GLR)</li> <li>10:45 AM Retirement</li> <li>Reception for Jim Kok (HL)</li> <li>1:30 PM Mothers Day</li> <li>Photo Booth (2CR)</li> </ul>	9:00 AM Garden Care 10:00 AM Nail Care (GLR) 12:00 PM Coloring Corner (GLR) 2:30 PM Classical Music with Rich P. (FH) 3:00 PM The Carol Burnett Show (GLR)	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Tai Chi with Don</li> <li>(PLR)</li> <li>10:30 AM Kim &amp; Dan</li> <li>Accordion Performance (FH)</li> <li>10:30 AM Old Time Hymn</li> <li>SIng with Dory (GDR)</li> <li>12:45 PM Outdoor Stroll</li> <li>1:45 PM Homemade</li> <li>Hummus (GDR)</li> <li>3:00 PM IN2L Music Trivia</li> <li>and Treats (GLR)</li> <li>3:30 PM Spring Book Buzz</li> <li>with Denver Public Library</li> <li>(FH)</li> </ul>	<ul> <li>9:00 AM Tech Support (TC)</li> <li>9:00 AM Garden Care</li> <li>9:30 AM Exercise with Hand</li> <li>Weights (PLR)</li> <li>1:00 PM Chaplain Chats</li> <li>(PLR)</li> <li>1:45 PM Eldergrow</li> <li>Gardening (GLR)</li> <li>3:00 PM National</li> <li>Geographic: Made in a Day</li> <li>Ep. 3 &amp; 4 (GLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Chair Yoga (PLR)</li> <li>10:00 AM CLC</li> <li>Leadership/Resident Chat</li> <li>(FH)</li> <li>10:45 AM Lunch at the</li> <li>Breakfast Queen (OUT)</li> <li>2:15 PM Relaxation Hour:</li> <li>Calming Music with Hand</li> <li>Massage (GLR)</li> <li>2:30 PM Travelogue</li> <li>Presentation with Glenn</li> <li>Paauw: A Journey Through</li> <li>Asia (FH)</li> <li>3:00 PM Let's Play</li> <li>Horseshoes! (GLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Strength Training: MoveMor Boards (PLR)</li> <li>10:30 AM Bingo (GLR)</li> <li>12:45 PM Outdoor Stroll</li> <li>2:15 PM Dominoes (GLR)</li> <li>3:00 PM Friday Chapel:</li> <li>Pastor Barbor (FH)</li> <li>3:00 PM Happy Hour (GLR)</li> <li>6:30 PM Reel Fans Movie:</li> <li>Silver Streak (FH)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Coffee &amp; Chats</li> <li>(GDR)</li> <li>10:30 AM Exercise with the Octaband (GLR)</li> <li>12:45 PM To the Pond!</li> <li>2:00 PM Documentary: The Registry (2CR)</li> <li>2:15 PM Saturday Matinee:</li> <li>Words and Music (GLR)</li> </ul>
19	20	21	22	23	24	25
<ul> <li>9:00 AM Garden Care</li> <li>9:45 AM Sunday Worship</li> <li>with Chap Cheryl (FH)</li> <li>9:45 AM YouTube Seated</li> <li>Exercise (GLR)</li> <li>10:45 AM Fellowship &amp;</li> <li>Coffee After Sunday Worship</li> <li>(TC)</li> <li>1:30 PM Movie: Fiddler on the Roof (FH)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>10:00 AM Crazy Stitch</li> <li>Alterations with Karol (BR)</li> <li>10:00 AM Women's Bible</li> <li>Study (3WL)</li> <li>10:00 AM Nail Care (GLR)</li> <li>12:00 PM Coloring Corner</li> <li>(GLR)</li> <li>3:00 PM Birthday Party</li> <li>(FH)</li> <li>3:00 PM The Carol Burnett</li> <li>Show (GLR)</li> </ul>	9:00 AM Garden Care 10:15 AM Fresh Flower Arrangements (ASG) 11:30 AM Denver Public Library Bookmobile (TC) 12:45 PM Outdoor Stroll 2:30 PM Photo Booth and Strawberry Ice Cream Floats (PLR)	<ul> <li>9:00 AM Tech Support (TC)</li> <li>9:00 AM Garden Care</li> <li>9:30 AM Exercise with the Balls (PLR)</li> <li>1:00 PM Chaplain Chats (PLR)</li> <li>1:30 PM Vanilla Pudding Cookies (PLR)</li> <li>2:45 PM Music with Katie (GLR)</li> <li>2:45 PM Music with Katie (GLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Chair Yoga (PLR)</li> <li>10:00 AM Clermont Singers</li> <li>Performance (FH)</li> <li>2:15 PM Relaxation Hour:</li> <li>Calming Music with Hand</li> <li>Massage (GLR)</li> <li>3:00 PM Active Minds:</li> <li>Picasso (FH)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Strength Training: MoveMor Boards (PLR)</li> <li>9:30 AM CP Community</li> <li>Flower Planting Day (PP)</li> <li>10:30 AM Bingo (GLR)</li> <li>12:45 PM Outdoor Stroll</li> <li>1:30 PM "Come Again" Low</li> <li>Hearing Group (FH)</li> <li>2:15 PM Dominoes (GLR)</li> <li>3:00 PM Hymn Sing (FH)</li> <li>3:00 PM Happy Hour (GLR)</li> <li>7:00 PM Clermont Singers</li> <li>Spring Performance (FH)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Coffee &amp; Chats</li> <li>(GDR)</li> <li>10:30 AM Music With</li> <li>Lamont (FH)</li> <li>10:30 AM Exercise with the</li> <li>Octaband (GLR)</li> <li>12:45 PM To the Pond!</li> <li>2:00 PM Documentary:</li> <li>What Happened, Miss</li> <li>Simone? (2CR)</li> <li>2:15 PM Saturday Matinee:</li> <li>Tomorrowland (GLR)</li> <li>2:30 PM Poetry Discussion</li> <li>&amp; Creative Workshop (FH)</li> </ul>
26	27	28	29	30	31	
<ul> <li>9:00 AM Garden Care</li> <li>9:45 AM Sunday Worship</li> <li>with Chap Jan McCormack</li> <li>(FH)</li> <li>9:45 AM YouTube Seated</li> <li>Exercise (GLR)</li> <li>10:45 AM Fellowship &amp;</li> <li>Coffee After Sunday Worship</li> <li>(TC)</li> </ul>	9:00 AM Garden Care 10:00 AM Nail Care (GLR) 12:00 PM Coloring Corner (GLR) 3:00 PM The Carol Burnett Show (GLR)	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Tai Chi with Don (PLR)</li> <li>10:30 AM Old Time Hymn SIng with Dory (GDR)</li> <li>10:30 AM Scripture Reading with Students from Brave Academy (FH)</li> <li>12:45 PM Outdoor Stroll</li> <li>2:30 PM Tea Tree Foot Soak and a Cocktail (GDR)</li> </ul>	<ul> <li>9:00 AM Tech Support (TC)</li> <li>9:00 AM Garden Care</li> <li>9:30 AM Exercise with Hand</li> <li>Weights (PLR)</li> <li>1:00 PM Chaplain Chats</li> <li>(PLR)</li> <li>1:45 PM Eldergrow</li> <li>Gardening (GLR)</li> <li>1:45 PM Strawberry Pretzel</li> <li>Parfaits (PLR)</li> <li>3:00 PM National</li> <li>Geographic Ep. 5 &amp; 6 (GLR)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Episcopal Eucharist</li> <li>Service</li> <li>9:30 AM Chair Yoga (PLR)</li> <li>10:45 AM Lunch at Old</li> <li>Chicago (OUT)</li> <li>2:15 PM Relaxation Hour:</li> <li>Calming Music with Hand</li> <li>Massage (GLR)</li> <li>3:00 PM Making Sweet</li> <li>Potato Heads (ASG)</li> </ul>	<ul> <li>9:00 AM Garden Care</li> <li>9:30 AM Strength Training: MoveMor Boards (PLR)</li> <li>10:30 AM Bingo (GLR)</li> <li>12:45 PM Outdoor Stroll</li> <li>2:15 PM Dominoes (GLR)</li> <li>3:00 PM Hymn Sing (FH)</li> <li>3:00 PM All Community</li> <li>Prayer Time (FH)</li> <li>3:00 PM Happy Hour (GLR)</li> <li>6:30 PM Reel Fans Movie: A</li> <li>Fish Called Wanda (Rated R)</li> <li>(FH)</li> </ul>	

**Bold activity** = Sign up mandatory TC = Town Center, PLR = Primrose Living Room, PC = The Pines Cafe, GLR = Goldenrod Living Room, FH = Fellowship Hall, OUT = Outing, GDR = Goldenrod Dining Room, 1CR = 1st Floor Community Room, BR = Billiards Room, 3WL = 3rd Floor Willows Lounge, ASG = Art Studio Goldenrod, 2CR = 2nd Floor Community Room, HL = Highline, PP = The Pines Patio