July 2024

CLERMONT PARK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1CR = 1st Floor Community Room, BR = Billiards Room, GLR = Goldenrod Living Room, FH = Fellowship Hall, PLR = Primrose Living Room, TC = Town Center, CY = Courtyard, GDR = Goldenrod Dining Room, 2CR = 2nd Floor Community Room, OUT = Outing, AG = Art Gallery	9:00 AM Garden Care 9:45 AM Catholic Mass (1CR) 10:00 AM Crazy Stitch Alterations with Karol (BR) 10:00 AM Nail Care (GLR) 12:00 PM Coloring Corner (GLR) 1:30 PM Independence Day Trivia and Ice Cream with Rhythms (FH) 3:00 PM The Carol Burnett Show (GLR)	2 9:00 AM Garden Care 10:00 AM Terry's Time (PLR) 11:30 AM Denver Public Library Bookmobile (TC) 12:45 PM Outdoor Stroll 2:00 PM Mid-Summer Field Day (CY)	3 9:00 AM Garden Care 9:30 AM Exercise with the Balls (PLR) 1:00 PM Chaplain Chats (PLR) 1:45 PM Eldergrow Gardening (GLR)	4 9:00 AM Garden Care 9:30 AM Garden Care 9:30 AM Chair Yoga (PLR) 10:00 AM Clermont Singers July 4th Concert (FH) 2:15 PM Relaxation Hour: Calming Music with Hand Massage (GLR) 2:30 PM Mental Brakes Presentation: Old Denver Restaurants (FH) 3:00 PM Resident Council (PLR)	5 9:00 AM Garden Care 9:30 AM Garden Care 9:30 AM Strength Training: MoveMor Boards (PLR) 10:30 AM Bingo (GLR) 12:45 PM Outdoor Stroll 1:00 PM "Eye Spy" Low Vision Support Group (FH) 2:15 PM Dominoes (GLR) 3:00 PM Happy Hour (GLR) 3:00 PM Friday Chapel (FH) 6:30 PM Reel Fans Movie: Yankee Doodle Dandy (FH)	6 9:30 AM Walking Group to the Farmers Market (TC) 1:00 PM Ping Pong in the Fitness Center (FC) 2:00 PM Documentary: National Parks Adventure (2CR) 3:00 PM Watch Together: The Chosen (GLCR)
 9:00 AM Garden Care 9:45 AM Sunday Worship with Chap Kendall (FH) 9:45 AM YouTube Seated Exercise (GLR) 10:45 AM Fellowship & Coffee After Sunday Worship (TC) 	 9:00 AM Garden Care 10:00 AM Nail Care (GLR) 12:00 PM Coloring Corner (GLR) 3:00 PM The Carol Burnett Show (GLR) 3:00 PM PBS Documentary: Season of the Osprey (FH) 	 9:00 AM Garden Care 9:30 AM Tai Chi with Don (PLR) 10:30 AM Old Time Hymn Sing with Dory (GDR) 12:45 PM Outdoor Stroll 	 10 9:00 AM Garden Care 9:30 AM Exercise with Hand Weights (PLR) 10:15 AM Active Minds Poetry (PLR) 1:00 PM Chaplain Chats (PLR) 2:45 PM Music with Katie (GLR) 	 9:00 AM Garden Care 9:30 AM Chair Yoga (PLR) 1:30 PM Sing Along with Christine & Don G. (FH) 2:15 PM Relaxation Hour: Calming Music with Hand Massage (GLR) 3:00 PM Active Minds: Renewable Energy (FH) 	 9:00 AM Garden Care 9:30 AM Strength Training: MoveMor Boards (PLR) 10:30 AM Bingo (GLR) 12:45 PM Outdoor Stroll 2:15 PM Dominoes (GLR) 3:00 PM Happy Hour (GLR) 3:00 PM Hymn Sing (FH) 6:30 PM Reel Fans Movie: Bull Durham (R) (FH) 	 9:00 AM Garden Care 9:30 AM Coffee & Chats (GDR) 10:30 AM Exercise with the Octaband (GLR) 12:45 PM To the Pond! 2:00 PM Documentary: Wildlife (2CR) 2:30 PM Poetry Discussion & Creative Workshop (FH)
14	15	16	17	18	19	20

Assisted Living Calendar

 9:00 AM Garden Care 9:45 AM Sunday Worship with Chap Robert (FH) 9:45 AM YouTube Seated Exercise (GLR) 10:45 AM Fellowship & Coffee After Sunday Worship (TC) 1:30 PM Matinee Movie: Into the Woods (FH) 	 9:00 AM Garden Care 10:00 AM Crazy Stitch Alterations with Karol (BR) 10:00 AM Nail Care (GLR) 12:00 PM Coloring Corner (GLR) 3:00 PM The Carol Burnett Show (GLR) 3:00 PM Birthday Party (FH) 	 9:00 AM Garden Care 11:30 AM Denver Public Library Bookmobile (TC) 12:45 PM Outdoor Stroll 2:00 PM Toys for God's Kids Service Project (2CR) 	 9:00 AM Garden Care 9:30 AM Exercise with the Balls (PLR) 1:00 PM Chaplain Chats (PLR) 1:45 PM Eldergrow Gardening (GLR) 	 9:00 AM Garden Care 9:30 AM Chair Yoga (PLR) 2:15 PM Relaxation Hour: Calming Music with Hand Massage (GLR) 2:30 PM Piano Concert with Christopher Conroy (FH) 	 9:00 AM Garden Care 9:30 AM Strength Training: MoveMor Boards (PLR) 10:30 AM Bingo (GLR) 12:45 PM Outdoor Stroll 2:15 PM Dominoes (GLR) 3:00 PM Happy Hour (GLR) 3:00 PM Friday Chapel (FH) 6:30 PM Reel Fans Movie: Steel Magnolias (FH) 	 9:00 AM Garden Care 9:30 AM Coffee & Chats (GDR) 10:30 AM Exercise with the Octaband (GLR) 12:45 PM To the Pond! 2:00 PM Documentary - Theodore Roosevelt: A Cowboy's Ride to the White House (2CR)
21	22	23	24	25	26	27
 9:00 AM Garden Care 9:45 AM Sunday Worship with chap Cindy (FH) 9:45 AM YouTube Seated Exercise (GLR) 10:45 AM Fellowship & Coffee After Sunday Worship (TC) 	9:00 AM Garden Care 10:00 AM Nail Care (GLR) 12:00 PM Coloring Corner (GLR) 3:00 PM The Carol Burnett Show (GLR)	 9:00 AM Garden Care 9:30 AM Tai Chi with Don (PLR) 10:30 AM Old Time Hymn Sing with Dory (GDR) 12:45 PM Outdoor Stroll 	 9:00 AM Garden Care 9:30 AM Exercise with Hand Weights (PLR) 1:00 PM Chaplain Chats (PLR) 2:45 PM Music with Katie (GLR) 	 9:00 AM Garden Care 9:30 AM Episcopal Eucharist Service (1CR) 9:30 AM Chair Yoga (PLR) 2:15 PM Relaxation Hour: Calming Music with Hand Massage (GLR) 3:00 PM Active Minds: Hawaii (FH) 	 9:00 AM Garden Care 9:30 AM Strength Training: MoveMor Boards (PLR) 10:30 AM Bingo (GLR) 12:45 PM Outdoor Stroll 1:30 PM "Come Again" Low Hearing Group (FH) 2:15 PM Dominoes (GLR) 3:00 PM Happy Hour (GLR) 3:00 PM Hymn Sing (FH) 6:30 PM Reel Fans Movie: Gifted (FH) 	 9:00 AM Garden Care 9:30 AM Coffee & Chats (GDR) 10:30 AM Music with Lamont (FH) 10:30 AM Exercise with the Octaband (GLR) 12:45 PM To the Pond! 2:30 PM Poetry Discussion & Creative Workshop (FH)
28	29	30	31			
 9:00 AM Garden Care 9:45 AM Sunday Worship with Chap Brian (FH) 9:45 AM YouTube Seated Exercise (GLR) 10:45 AM Fellowship & Coffee After Sunday Worship (TC) 	 9:00 AM Garden Care 10:00 AM Nail Care (GLR) 12:00 PM Coloring Corner (GLR) 2:00 PM Summer Art Gallery Opening (proposed time) (AG) 3:00 PM The Carol Burnett Show (GLR) 	 9:00 AM Garden Care 11:30 AM Denver Public Library Bookmobile (TC) 12:45 PM Outdoor Stroll 2:30 PM Senior Snuggles Workshop (FH) 	 9:00 AM Garden Care 9:30 AM Exercise with the Balls (PLR) 1:00 PM Chaplain Chats (PLR) 1:45 PM Eldergrow Gardening (GLR) 			