

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FC = Fitness Center, 1CR = 1st Floor Community Room, BR = Billiards Room, 3WL = 3rd Floor Willows Lounge, FH = Fellowship Hall, GLCR = Garden Level Community Room, ASW = Art Studio Willows	TC = Town Center, CY = Courtyard, 4WL = 4th Floor Willows Lounge, 2CR = 2nd Floor Community Room, HL = Highline, OUT = Outing, PLR = Primrose Living Room, Ch1982 = Channel 1982, AG = Art Gallery					
	1	2	3	4	5	6
	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>9:45 AM Catholic Mass (1CR)</p> <p>10:00 AM Crazy Stitch Alterations with Karol (BR)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>1:00 PM Knitting for a Cause (3WL)</p> <p>1:30 PM Independence Day Trivia and Ice Cream with Rhythms (FH)</p> <p>2:30 PM Crochet Corner (GLCR)</p> <p>6:00 PM Bingo! (FH)</p>	<p>9:00 AM Sharing the Silence: Prayer/Meditation Group (GLCR)</p> <p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:00 AM Cranium Crunches (ASW)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>11:30 AM Denver Public Library Bookmobile (TC)</p> <p>12:45 PM Art Class with Julie (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p> <p>2:00 PM Mid-Summer Field Day (CY)</p>	<p>9:30 AM Men’s Bible Study (4WL)</p> <p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:00 AM Building and Grounds Resident Committee (ASW)</p> <p>10:05 AM Group Dance (Line Dancing) with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>11:30 AM Beginner Spanish Language Class (ASW)</p> <p>1:15 PM Beginners Sign Language Class (FH)</p> <p>3:00 PM Murder Mystery Play Rehearsals #1 (FH)</p>	<p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:00 AM Clermont Singers July 4th Concert (FH)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:30 AM Art with Jake & Tara (ASW)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>1:00 PM Coloring & Conversation Group (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p> <p>2:30 PM Mental Brakes Presentation: Old Denver Restaurants (FH)</p>	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Tai Chi/Balance with Carolina (FC)</p> <p>1:00 PM “Eye Spy” Low Vision Support Group (FH)</p> <p>3:00 PM Friday Chapel (FH)</p> <p>6:30 PM Reel Fans Movie (FH)</p>	<p>9:30 AM Walking Group to the Farmers Market (TC)</p> <p>1:00 PM Ping Pong in the Fitness Center (FC)</p> <p>2:00 PM Documentary: National Parks Adventure (2CR)</p> <p>3:00 PM Watch Together: The Chosen (GLCR)</p>
7	8	9	10	11	12	13
<p>9:45 AM Sunday Worship with Chap Kendall (FH)</p> <p>10:45 AM Fellowship & Coffee After Sunday Worship (TC)</p>	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:00 AM CP Women's Group: Life’s Transitions with Pat (FH)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>1:30 PM Men’s Fellowship with Cookies & Lemonade (HL)</p> <p>2:30 PM Crochet Corner (GLCR)</p> <p>3:00 PM PBS Documentary: Season of the Osprey (FH)</p>	<p>9:00 AM Sharing the Silence: Prayer/Meditation Group (GLCR)</p> <p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:00 AM Cranium Crunches (ASW)</p> <p>10:00 AM Group Outing: Tour of the Dairy Arts Center (Sign Up) (OUT)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>12:45 PM Art Class with Julie (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p> <p>2:30 PM Imagination Lab (Community Dreaming Session) (FH)</p>	<p>9:30 AM Men’s Bible Study (4WL)</p> <p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Group Dance (Line Dancing) with Carolina (FC)</p> <p>10:15 AM Active Minds Poetry (PLR)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>11:30 AM Beginner Spanish Language Class (ASW)</p> <p>1:30 PM Game Time: Trivial Pursuit (FH)</p> <p>3:00 PM Listening & Learning with Don (FH)</p>	<p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:30 AM Great Courses: The Surprising Lives of Christian Saints (2CR)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>1:00 PM Coloring & Conversation Group (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p> <p>1:30 PM Sing Along with Christine & Don G. (FH)</p> <p>3:00 PM Active Minds: Renewable Energy (FH)</p>	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Tai Chi/Balance with Carolina (FC)</p> <p>3:00 PM Hymn Sing (FH)</p> <p>6:30 PM Reel Fans Movie (FH)</p>	<p>9:30 AM Walking Group to the Farmers Market (TC)</p> <p>1:00 PM Ping Pong in the Fitness Center (FC)</p> <p>2:00 PM Documentary: Wildlife (2CR)</p> <p>2:30 PM Poetry Discussion & Creative Workshop (FH)</p> <p>3:00 PM Watch Together: The Chosen (GLCR)</p>

14	15	16	17	18	19	20
<p>9:45 AM Sunday Worship with Chap Robert (FH)</p> <p>10:45 AM Fellowship & Coffee After Sunday Worship (TC)</p> <p>1:30 PM Matinee Movie: Into the Woods (FH)</p>	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:00 AM Crazy Stitch Alterations with Karol (BR)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>1:00 PM Knitting for a Cause (3WL)</p> <p>1:00 PM Pets & Pals - Pet Committee (GLCR)</p> <p>2:30 PM Crochet Corner (GLCR)</p> <p>3:00 PM Birthday Party (FH)</p> <p>6:00 PM Bingo! (FH)</p>	<p>9:00 AM Sharing the Silence: Prayer/Meditation Group (GLCR)</p> <p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:00 AM Cranium Crunches (ASW)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>11:30 AM Denver Public Library Bookmobile (TC)</p> <p>12:45 PM Art Class with Julie (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p> <p>2:00 PM Toys for God's Kids Service Project (2CR)</p> <p>6:30 PM Book Talk: Anniversary Celebration (FH)</p>	<p>9:30 AM Men's Bible Study (4WL)</p> <p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Group Dance (Line Dancing) with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>11:30 AM Beginner Spanish Language Class (ASW)</p> <p>1:00 PM Wellness Talk with Trina: Preventing Low Back Pain (FH)</p> <p>3:00 PM Murder Mystery Play Rehearsals #2 (FH)</p>	<p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:30 AM Art with Jake & Tara (ASW)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>1:00 PM Coloring & Conversation Group (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p> <p>2:30 PM Piano Concert with Christopher Conroy (FH)</p>	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Tai Chi/Balance with Carolina (FC)</p> <p>1:30 PM Life Enrichment Calendar Planning (FH)</p> <p>3:00 PM Friday Chapel (FH)</p> <p>6:30 PM Reel Fans Movie (FH)</p>	<p>9:30 AM Walking Group to the Farmers Market (TC)</p> <p>1:00 PM Ping Pong in the Fitness Center (FC)</p> <p>2:00 PM Documentary - Theodore Roosevelt: A Cowboy's Ride to the White House (2CR)</p> <p>3:00 PM Watch Together: The Chosen (GLCR)</p>
21	22	23	24	25	26	27
<p>9:45 AM Sunday Worship with chap Cindy (FH)</p> <p>10:45 AM Fellowship & Coffee After Sunday Worship (TC)</p>	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:00 AM CP Women's Group (FH)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>1:30 PM Men's Fellowship with Wine & Cheese Board (HL)</p> <p>2:30 PM Crochet Corner (GLCR)</p>	<p>9:00 AM Sharing the Silence: Prayer/Meditation Group (GLCR)</p> <p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:00 AM Cranium Crunches (ASW)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>11:00 AM Group Outing: Red Robin (OUT)</p> <p>12:45 PM Art Class with Julie (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p>	<p>9:30 AM Men's Bible Study (4WL)</p> <p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Group Dance (Line Dancing) with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>11:30 AM Beginner Spanish Language Class (ASW)</p> <p>1:00 PM Natural Grocers Presentation: Healthy Skin & the Sun (Ch1982)</p> <p>2:30 PM Game Time: Trivial Pursuit (FH)</p>	<p>9:30 AM Episcopal Eucharist Service (1CR)</p> <p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:30 AM Great Courses: The Surprising Lives of Christian Saints (2CR)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>1:00 PM Coloring & Conversation Group (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p> <p>3:00 PM Active Minds: Hawaii (FH)</p>	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Tai Chi/Balance with Carolina (FC)</p> <p>1:30 PM "Come Again" Low Hearing Group (FH)</p> <p>3:00 PM Hymn Sing (FH)</p> <p>6:30 PM Reel Fans Movie (FH)</p>	<p>9:30 AM Walking Group to the Farmers Market (TC)</p> <p>10:30 AM Music with Lamont (FH)</p> <p>1:00 PM Ping Pong in the Fitness Center (FC)</p> <p>2:30 PM Poetry Discussion & Creative Workshop (FH)</p> <p>3:00 PM Watch Together: The Chosen (GLCR)</p>
28	29	30	31			
<p>9:45 AM Sunday Worship with Chap Brian (FH)</p> <p>10:45 AM Fellowship & Coffee After Sunday Worship (TC)</p>	<p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Cardio with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>2:00 PM Summer Art Gallery Opening (AG)</p> <p>2:30 PM Crochet Corner (GLCR)</p>	<p>9:00 AM Sharing the Silence: Prayer/Meditation Group (GLCR)</p> <p>9:30 AM General Fitness with Lisa (FC)</p> <p>10:00 AM Cranium Crunches (ASW)</p> <p>10:00 AM Group Outing: Visiting Georgetown (OUT)</p> <p>10:05 AM Balance Fitness with Lisa (FC)</p> <p>10:40 AM Stretching Fitness with Lisa (FC)</p> <p>11:30 AM Denver Public Library Bookmobile (TC)</p> <p>12:45 PM Art Class with Julie (ASW)</p> <p>1:00 PM Wii Bowling (FC)</p> <p>2:30 PM Senior Snuggles Workshop (FH)</p>	<p>9:30 AM Men's Bible Study (4WL)</p> <p>9:30 AM General Fitness with Carolina (FC)</p> <p>10:05 AM Group Dance (Line Dancing) with Carolina (FC)</p> <p>10:40 AM Healthy Back with Carolina (FC)</p> <p>11:30 AM Beginner Spanish Language Class (ASW)</p> <p>3:00 PM Murder Mystery Play Rehearsals #3 (with Mics) (FH)</p>			