Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR) 1:30 Afternoon Movie (GR)	9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 9:45 Catholic Mass (1CR) 10:00 Nail Care (GR) 1:00 Coloring Corner (GR) 3:00 The Golden Girls (GR)	10:00 Terry's Time! (PR) 12:45 Outdoor Stroll (Meet at Elevator) 2:15 Making Watermelon Infused Mezcal (AS)	9:30 Exercise: Hand Weights (PR) 10:30 SingFit Music (GR) 1:00 Chaplain Chats (PR) 1:45 Eldergrow Gardening (GR) 3:00 National Geographic: Lost Treasures of Rome Ep. 1 (GR)	9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:15 Fun with Watercolors (AS) 12:30 Joy Ride (S/U) 2:00 Relaxation Hour: Calming Music with Hand Massages (GR) 2:30 Piano Sing-Along with Christine (GR)	9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR) 12:45 Outdoor Stroll (Meet at Elevator)	9:00 Garden Care (GR & PR) 9:30 Coffee & Chats (GR) 10:30 Fitness with Marquis (GR) 12:45 To the Pond! (Meet at Elevator) 2:15 Saturday Matinee: The Buddy Holly Story (GR)
9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR) 1:30 Afternoon Movie (GR)	9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 Nail Care (GR) 1:00 Coloring Corner (GR) 3:00 The Golden Girls (GR)	9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR) 1:00 Bake Sale! (TC) 2:30 Molly Brown Presentation: Victorian Game Day (FH)	1:00 Chaplain Chats (PR) 1:45 Autumn Pear Smoothies (PR) 2:45 Music with Katie (GR)	9:00 Garden Care (GR & PR) 930 Chair Yoga (PR) 10:45 Lunch at Zig Zag Smokin' Burger (S/U) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Calendar Planning Meeting (PR)	9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR) 1:00 Matt Mitchell Music	9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Exercise with Octaband (GR) 1:30 Music with Bronco Bob (PR) 2:15 Saturday Matinee: Sense and Sensibility (GR)
9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR) 1:30 Afternoon Movie (GR)	9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 Nail Care (GR) 1:00 Coloring Corner (GR) 3:00 Birthday Party (FH)	9:00 Garden Care (GR & PR) 9:30 Stretch and Strengthen (PR) 10:00 Clermont Park Alzheimer's Walk (TC) 12:45 Outdoor Stroll (Meet at Elevator)	9:15 Exercise: Hand Weights (PR) 10:30 IN2L Trivia (GR) 1:00 Chaplain Chats (PR) 1:45 Eldergrow Gardening (GR) 3:00 National Geographic: Lost	9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:15 Fun with Watercolors (AS) 2:15 Relaxation Hour: Calming Music with Hand Massages (GR) 3:00 Tales of Whales (GR)	9:00 Garden Care (GR & PR) 10:30 End of Summer Social (GR Patio)	9:00 Garden Care (GR & PR) 9:30 Coffee & Chats (GR) 10:30 Fitness with Lisa (GR) 12:45 To the Pond! (Meet at Elevator) 2:15 Saturday Matinee: Dead Poets Society (GR)
9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR) 1:30 Afternoon Movie (GR)	9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 Nail Care (GR) 1:00 Coloring Corner (GR) 3:00 The Golden Girls (GR)	9:00 Garden Care (GR & PR) 9:30 Tai Chi with Don (PR) 10:30 Old Time Hymn Sing with Dory (GR) 12:45 Outdoor Stroll (Meet at Elevator) 2:00 Air Fryer Pickles! (PR) 3:00 We Ain't Dead Yet: Bluegrass Performance (FH)	1:00 Chaplain Chats (PR) 1:45 Apple Pie Smoothies (PR) 2:45 Music with Katie (GR)	9:00 Garden Care (GR & PR) 9:30 Chair Yoga (PR) 10:00 Fall Colors Drive and Lunch (S/U) 2:30 Afternoon Movie: Resident Choice (GR)	9:30 Strength Training: MoveMor Boards (PR) 10:30 Bingo! (GR) 2:00 Molly Brown Presentation: Music & Mrs. Brown (GR)	9:00 Garden Care (GR & PR) 9:30 Coffee and Chats (GR) 10:30 Music with Lamont (FH) 12:45 To the Pond! (Meet at Elevator) 2:15 Saturday Matinee: October Sky (GR)
9:00 Garden Care (GR & PR) 9:45 Sunday Worship (FH) 10:45 YouTube Seated Exercise (GR) 1:30 Afternoon Movie (GR)	9:00 Garden Care (GR & PR) 9:30 Fitness with Terry (GR) 10:00 Nail Care (GR) 1:00 Coloring Corner (GR) 3:00 The Golden Girls (GR)			mbe & Goldenrod Neigh	1 202 borhoods	24